



Your House of Cards

from

***Reshuffle The Deck: Five Strategies To
Redesigning Your Life,
No Matter What Cards You Were Dealt!***

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Reshuffle/ Rearrange/ Realign

Choose a Better Hand

Choosing a better hand is your first priority, it requires you to **throw in your hand and deal with the matters of the heart**. Self-awareness offers you the opportunity to discover the root of the cause/problem and identify emotional wounds. In this strategy you will come face to face with who and what has caused chaos in your emotional database. Here is where you dig deep!

A Mixed Deal

There are times when we have a combination of good and bad in our lives. Over a period of time, there are life challenges and successes that may take place. In this phase, we have to learn **to breakaway and overcome the challenges that maybe present in our lives**. The strategy "Healer of the Heart", gives you the tools you need to get rid of the bad and make room for the bliss and joy that is about to take place in your life. Here is where we confront issues, work through emotions, and learn your triggers. When we take our issues to the King, we have the ability to build and connect to the healer of the heart. The healing and living waters that God provides. It's time to confront the issues, work through the emotions, and know their triggers.

Know When to Fold'em

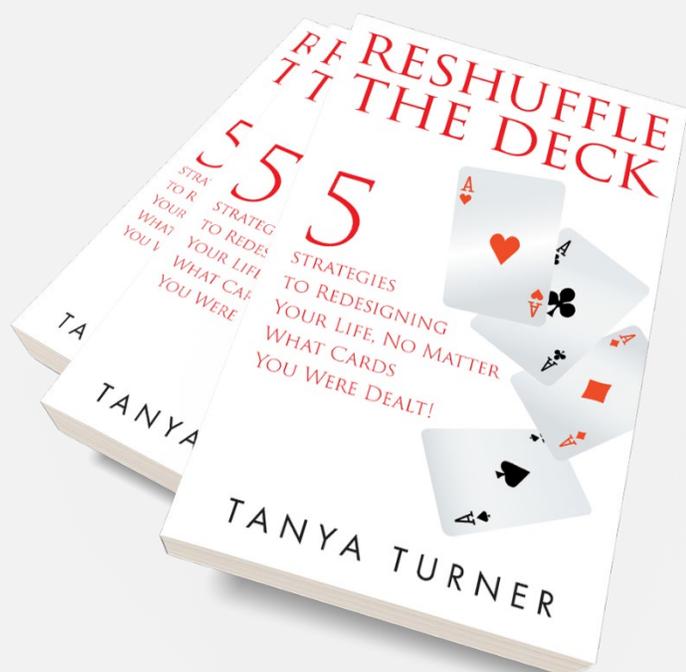
This is the strategy we use as we learn to let go! **We no longer allow the pains and hurts from our past to hold up space, rent free in our lives**. There is power in forgiveness. Forgiveness is necessary! It is for you not the person who hurt you. Your mental state and health depend on you releasing the source from where your hurt and pain is derived from. You have the power! Let it go.

Know When to Hold'em

Love Under New Management! **Make yourself your #1 priority.** This strategy teaches that your self-worth is worth holding on to. It's time for Self-Discovery. Rediscovering who you are and gain knowledge of your gifts and amplify them. Give yourself a new appreciation of what makes you unique!

The Peck- You've Got the POWER

In this strategy you learn to **get in position to receive your hearts desires**, expose yourself to the new (relationships, business/careers, travels, arts, and etc...), gain courage (self-work, build self-esteem, and bold), and gain knowledge (learning your craft). Here is where you are ready to amplify your gifts. See your vision, write your goals and create your blue-print.



Purchase your copy of
"Reshuffle The Deck" today
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Redesign your life and light up your future!